

# THE TOWER

**John Adams High School 808 S. Twyckenham Drive  
South Bend, IN 46615**

West Germany and Australia are the homes of two Adams students. To learn more about these foreign exchange students, see page 2.



Guy Hamilton shows Ted Scheel and Julie Stante the compound he synthesized for his experiment. Molly Ryan/Tower

## Students funded for research

By Marc Conklin

On September 1st of this year, three Adams seniors each received a letter from the Indiana Academy of Science which read something like this: It is my pleasure to inform you that your proposed research project is being funded by the Research Grants Committee...Let me offer my congratulations to you. The quality of the proposals this round were especially good and we were able to fund those of high quality like yours. On behalf of the committee, I wish you success in your research efforts."

Those three seniors are Ted Scheel, Guy Hamilton, and Julie Stante. With the money that they received from the Indiana Academy of Science they may now buy all of the lab mice and Purina Rodent Chow necessary to begin or continue their research projects.

Each of the three students chose a subject for experimentation of particular interest to him or herself. Guy Hamilton is extending the research he performed last year concerning atherosclerosis, a disease afflicting many people, including his father. Being an athlete, concerned with the health and stamina of his body, Ted Scheel decided to investigate the real facts about vitamin usage. And Julie Stante investigated sleeplessness because she doesn't get a whole lot of sleep herself.

Julie's experiment is entitled "Possible Effects of Imposed Stress Due to Sleeplessness on the Immune Response of Laboratory Mice." She is interested in the correlation between lack of sleep and an organism's vulnerability to sickness. She was already acquainted with one study of sleep deprivation in which a disc jockey stayed awake for 200 hours. In the middle of the ordeal he started to hallucinate and became generally confused about his environment, which led Julie to the possibility that the stress due to sleeplessness might cause other adverse effects.

For the experiment, Julie used 2 groups of six mice. The control group received no stress due to sleeplessness. The experimental group, however, was kept awake for 48 hrs. through the use of a rotating chamber designed to keep mice from sleeping. After various intervals of time, after the period of sleeplessness, the mice were tested for white blood cell counts, phagocytosis percentage, and leukotaxis, which are all related to the immunity systems of the mice.

Julie hopes to identify the adverse immunity effects of sleeplessness, something which she has never seen reported in scientific literature before.

Ted Scheel's experiment "The Possible Prolonged Enhancement of Physiological Process

with Vitamin-Mineral Supplementation Following Cessation of Strenuous Exercise" is a continuation of previous research.

In his research last year, Ted found that diet supplementation (usage of vitamins and minerals) is beneficial in enhancing exercise performance. What he is now investigating are the long term benefits of vitamins and minerals following the termination of exercise.

He is using 32 female lab mice divided into 2 control groups, one performing cage exercise and the other treadmill exercise, and 2 experimental groups, also performing either cage or treadmill exercise. The control group receives a normal mouse diet, while the experimental group receives the regular diet and a vitamin and mineral supplement.

During the research period, the mice are tested for mass changes, food and water consumption, metabolic rates, and glucose and hemoglobin concentrations.

After the completion of 10 weeks of exercise, vitamin and mineral concentrations are continued through 15 weeks, during which time, many of the same tests are conducted.

Now that Ted has received his first grant he is now attempting to receive another grant from the American Lung Association.

In his experiment "An Investigation of Altered Diets on the Mechanisms of Systematic Dissemination of Candida Albicans," Guy Hamilton hopes to add weight to his research last year into the long term effects of tetracycline on the intestinal flora. Because of the significance of his last year completed research, Guy has decided to determine the mechanism of Candida systematic dissemination and also determine if an altered diet will affect this process resulting from the administration of Penicillin.

For the experiment Guy needs 64 female lab mice in 8 groups. Group A will have a control on a normal diet and three other experimental groups with different diets. Group B will follow the same pattern as group A, but will receive a concentration of Penicillin G.

At the conclusion of four weeks, Guy will perform tests for fatty acid concentration, bile acid concentration, candida density, and candida dissemination into other body organs.

Guy hypothesizes that the addition of bile salts to the diet will counteract the trends of the candida in the mice maintained on a daily ingestion of penicillin G.

Will we ever cease to hear of the accomplishments of the Adams Science Department and its students? Probably not. Congratulations are always in order.

## What's News

### NGP articles needed

The Tribune's Next Generation Page will start weekly publications on October 4. This is a page which features outstanding writing, photographs, and illustrations by high school students around the area. Anyone interested in submitting an article should see Mrs. Maza in room 216. All are urged to take part in the NGP.

### SAT Deadline

September 26 is the deadline for registration for the November SAT.

### Junior Rotarian named

Senior P.H. Mullen has been named Junior Rotarian from Adams for the period of September 24 to October 29. P.H. is a member of the swim team and is president of the senior class.

### Information on education

Seniors with questions about post-high school education should make an appointment with Mr. Rensberger. A scholarship bulletin is currently being prepared.

### Posters require approval

All signs and posters put up inside the school building must be approved by the assistant principal. Signs may only be attached to the walls with masking tape. Signs must be taken down after the pertinent date, and must be signed.

### PSAT registration

The PSAT will be given Tuesday, October 21 at 8:00 in the morning. Registration begins October 6 in the Guidance Office for all juniors and interested sophomores. Cost is \$6.50.

### Fees collected

Homerooms will be held all through next week for the collection of fees. Fees may be paid by bringing a check made payable to South Bend Community School Corporation to your homeroom teacher. Students not paying fees will not be allowed to graduate.

### Makris earns literary award

Paula Makris was recently named the recipient of the 1986 NCTE Achievement Awards in Writing. She was one of 13% of all juniors nominated for the award who were singled out for the honor. She can be considered as one of the best student writers in the country.

### Support the football team

Tonight the varsity football team will play Washington at School Field. This is Washington's home game so Adams' students will be seated on the end of the stadium toward Eddy St.

### Century Center hosts fair

The annual College and Trade Fair will be held on October 27 at the Century Center. Local and national representatives from colleges and corporations will be on hand to meet with students.



# Germany and Australia add culture to Adams

By Jerry Manier

Probably everyone likes to hear a new accent, a different personality, and, in general, a different perspective on life than his own. Adams, this year, is fortunate enough to have two foreign exchange students attending classes who both fit this description to some degree. In addition, Sue Wills from Sydney, Australia and Anke Bartl from Essen, West Germany, are both extremely pleasant and well-rounded individuals. The Tower interviewed Anke and Sue and found that they share many observations on American life and schools as well as on our basic priorities and lifestyles.

Anke became involved in student exchange with the STS organization in Germany and the American Intercultural Student Exchange program in the U.S. She is staying with the family of Molly Lennon. Since attending school here, Anke has noticed several differences between American and German education methods and school life. Although "...you run around a lot," the people she's met at school have been very friendly and patient, the staff included. "For instance, my first day here, I had to change my schedule...the people did it for me very fast...it would take a long time in Germany." Anke had taken six years of English before she came here, but she is surprised at how well she understands the content of her classes. Still, the pace of the American classrooms is something she has to get used to: "Here, everything is very planned-you have a lot of tests...the teachers have more - how do you say - authority than in Germany. We don't have as many tests, so the instructors go slower, and your grade is more on

what you say in class than here." For Anke, it must seem that a good deal of American behavior is paradoxical. On the one hand, she observes, we are very intense compared to Germany in our lifestyles and our approach to school. Individual people, however, appear more outgoing and friendly than the Germans. "In this school, you have a lot of friends or people you say 'hi' to in the hall. In my school, mostly you don't get to know so many people. You have two or three 'best' friends that you say hello to, and that's it." Whether the increased familiarity we seem to have with so many people doesn't allow us to know them as well as Germans know their friends, Anke couldn't say just yet.

Sue Wills is staying with the Cahir family locally. We asked Sue how she has made friends in school since she got here. "Well, people are interested by the accent, but after a while they just treat you as one of the other classmates and so I've made a few friends here." The two high schoolers in the Cahir family go to St. Joe and Marian, so Sue has friends from those schools as well. "Yeah, a lot of people mistake me for being British. Sydney is a city with a lot of different nationalities, and two of my good friends there are British...I don't think I sound anything like the British people." Sue shares many of Anke's views on American life. Although the curriculum in Australia is actually tougher than here, the life of a student still seems more hectic in the States. "It's difficult the way you mix sport and the classes. Here, I have practice for the swim team before and after school, plus the homework. In Australia we have the Australian Institute of Sport...aside from that, there aren't athletic scholarships, so students concentrate more on schoolwork." In terms of world



Sue Wills appears to be deep in thought over some exciting American subject.

Mike Szymanowski/Tower

affairs, Sue says that Americans don't realize that not everyone in the world is so dead set on the side of the U.S. or the U.S.S.R. "When we watch the news, it's kind of like sitting back and seeing what you guys will do next. It's a little scary, because it's like looking in on something which you can do nothing about, but it affects everybody."

Talking to these two remarkable

students helps us understand our own country better from the point of view of the rest of the world, and also how alike we are compared with the other people in the world. We realize, as well, that foreign exchange refers not only to the students involved, but their ideas, opinions, and their and our differences which can only help each to understand the other a little better.



Foreign exchange student, Anke, flashes her friendly German smile although drowned in piles of homework.

Mike Szymanowski/Tower

## New teachers invade Adams

By Kathy Strieder

The '86-87 school year has started, once again blowing the roof off John Adams High School.

mixed. Kensinger and Oudghiri are both starting in their profession this year. When asked if she was nervous her first day, the new addition to the biology

The new members seemed very enthusiastic about the prospect of teaching.

Students jam the halls, yelling long tales of summer escapades at the top of their lungs. Mr. Shanley's room boasts a new set of lights causing the plants to freak and take cover. Then there is another batch of freshmen settling in, confident of first class rides with their freshly printed elevator passes. With all the excitement and/or anguish of starting again, few people stop and think about a certain group of individuals, the new teachers.

This year, four new people have joined the Adams staff. They are Mr. George Grezegorek, Ms. Louann Kensinger, Mr. Ed Linetty, and Ms. Cynthia Oudghiri. Mr. Grezegorek is teaching in the English department, while Ms. Oudghiri is handling 1st, 2nd, and 3rd year German and a freshman general science class. Ms. Kensinger, who graduated Adams herself, has joined the science staff, and Mr. Linetty is as yet unassigned and is doing substitution when needed.

As far as being a new teacher is concerned, the reviews are a little

department gave an enthusiastic "Yes." She said it turned out to be fairly easy, though, because "all you have to do is take attendance." Ms. Oudghiri agreed that the first day was successful, but Day #2 was a different story. Everyone's true colors showed then! Everyone agreed that the staff was unusually friendly and helpful.

The new members seemed very enthusiastic about the prospect of teaching. They held multiple degrees in the subjects they are planning to teach. When asked why they chose this profession, a great interest in dealing with people was expressed. Ms. Kensinger stated that she had always loved biology and liked the idea of "sharing it with others."

The new staff appears to be quite pleased with Adams and their new jobs here. Excited about the coming year, they are eager to get into it. On behalf of the entire school, *The Tower* would like to welcome Mr. Grezegorek, Ms. Kensinger, Mr. Linetty, and Ms. Oudghiri. Thank you for joining us.

## L. Primus unscrambles puzzle

By Julie Herr

Tuesday, November fourth; a date nearly everyone knows by now to be Election day. But for South Bend, Election day 1986 means more than just a new list of candidates with a fresh chance at the same old positions. It means, for the first time, citizens will have the opportunity to elect their own district representatives to the school board. And, for sophomore Lisa Primus, it means the culmination of many hours of hard work, as the plans for the new school board districts, created by her, are used for the first time.

"It really wasn't all that difficult," claimed Lisa, "sort of

like a jigsaw puzzle." After fun...

deciding, at the urging of her grandfather, to submit her own proposal, she received a kit, composed of several maps of the city's townships and precincts, sheets of pertinent figures, and everything else deemed necessary for the task. Ideally, each of the five districts was to contain the same number of people while maintaining a relatively box-like shape. To ensure the fair representation of minorities on the school board, one district was also to be created with a higher percentage of blacks.

"I just messed around on the adding machine for a while until I came up with the plans I sent in," said Lisa, "It was actually kind of

But difficult or not, Lisa's plans were chosen over those of six other finalists, all of whom were older than she. After submitting her maps for consideration to the State Board of Education in early June, and leaving for camp several days later, Lisa thought no more about the subject until she received an unexpected long-distance phone call on July third - the day the state board's decision was made public.

"I was excited," explained Lisa, "It's the first time I've ever beaten my brother at anything. (Richard Primus, a senior, also submitted plans for consideration), except chess; I beat him once in chess."



# Swimmers showing great potential



Steve Hartman/Tower

Sophomore Tricia Davis practices after school one day this week. Davis leads the team in the breaststroke event and also competes in the 200 I.M. Hurt by sickness, the Seagals have had a disappointing record so far, but hope to surprise some teams in sectionals.

By Sarah Friend

The 1986 flock of Seagals took to the water in the season opener against Plymouth on Tuesday, September ninth. Although the team lost, the competition should help psyche the team up for the rest of their season. After the loss of several key swimmers, the team is relying heavily on the leadership of co-captains, Mary Manley and Michele Thompson, as well as the talent of freshman standout Bonnie Schrems, who in the first meet, set a new record in the 200 free. Coached by Dennis and Mary Cooper, the team is hoping to strengthen the program and build for the future.

Although the returning swimmers will have to contain the mental toughness to hold the team together, the majority of meets will probably be won due to the exceptional talent displayed by the underclassmen. Schrems, a Michiana Marlins swimmer, will be an immense asset to the team, swimming mainly the 200 and 500 free. Coach Mary Cooper feels that, "Bonnie is very talented and has great potential." Other freshmen include Julie Leichtman, a breaststroker, as well as Julie Anten. Returning swimmers include Tricia Davis and Cathy Kennedy. Exchange student, Sue Wills, is also showing promise.

Springing from the boards this season are two rookie divers, Vicki Goldsmith and Kelly Travis.

Though inexperienced, Cooper says, "Both look strong in the pre-seasonal workouts." With the loss of state-ranked Rivka Medow, the diving program has definitely been set back. With the new talent, however, it will hopefully get back on track.

Win or lose, the one thing that cannot be taken away from the Seagals is their dedication and hard work. Starting with practice every morning at 5:45, the Seagals put in hours of hard work while most of us are still asleep. Practice is then resumed immediately after school and lasts for several hours. With the time spent in the weight room, and the intense mental preparation, the Seagals should be ready for their season. Through all the hard work, the team has begun to develop an additional element that is often in sports, friendship. The friendships being built will last longer than any single race or meet, and as Tricia Davis states, "I think we'll be pretty good because we're all really close as a team."

With an incredibly tough season ahead, the girls are just trying their best and building up for future teams. Cooper says, "We'll be in the top third in the sectionals, and hopefully we'll place a few state qualifiers." She feels the team will be very competitive, even against the best. With a lot of new talent, the team shall steadily improve throughout the season.

## The dynasty continues

By Scott Scheel and Karl Roemer

The dreams of a state championship shattered in the final match of the semi-state last year. But the boy's tennis team is back with the same hopes. The road to the Final Four in Indianapolis is a course dotted with many obstacles, though contenders like Clay, Elkhart Central and LaPorte should vie for this spot. But even with the loss of three seniors, co-captain Tim Foley states, "We're the perennial power of this area."

Senior co-captains Guy Hamilton and Foley should dominate at number one doubles. Their experience and leadership is the core of the teams' potential.

Junior Karl Roemer at the #1 singles spot is a more than capable player. Senior Adam Friend, juniors David Colby, Jim Cowen and Noah McCloskey, and

Sophomores Joe Dennen and Coley Cook are all vying for the #2 and #3 singles positions. Freshmen David Medow and Matt Foley round out the varsity at #2 doubles. "Our team has a good attitude because of our young players," says Guy Hamilton. "They are eager and excited and really want to learn." On the humorous side, Jim Cowen claims that most of his time is spent on the infamous Potowatomi courts, thinks "The varsity has great talent this year and the new shirts look great, but who's that guy at all the matches in the black Supra?"

The man in the black is Coach Cleo Kilgore. He's seen his team win its first six matches. "The key to our continued success is teamwork," the 4-year coach states. "If Guy pushes Tim, who pushes Karl, who pushes Adam, who pushes Joe, and so on, then

we can only improve."

Signs of this becoming evident were at the Lafayette Jeff Invitational 2 weeks ago. Adams faced the likes of Carmel and Indianapolis North Central: the top two teams in the state. Hamilton-Foley reached the finals in the #1 doubles tournament. At the #2 doubles, David Medow and Matt Foley lost to the eventual champions in three sets. And Roemer and Dennen both lost in the semis of their respective divisions.

"That Invitational really helped our confidence," commented Roemer. "It let us know that we could hang with the best in the state." The eagles might have trouble improving on last year's 17-4 record, but this year's highly talented team could very well make the ultimate destination - Indianapolis.

## Discipline keys athletes' success

By Liz Panzica

Discipline is defined as training that molds, corrects, or perfects something. But discipline also means that an athlete must spend hours upon hours practicing and working out to reach their ultimate potential. Mental and physical discipline is a major factor in the shaping of an athlete. Baseball coach Buczkowski believes that "It's the key to success, I stress it before anything else." It is a special commitment that athletes make to themselves and their performances.

Nobody denies talent is needed to be successful in sports, but as Adam's Tennis player Karl Roemer says, "There is only so much you can do with talent and the practice and discipline raises you to a higher level." The willingness to work and practice is a must even with the advantage of natural ability. Athletic Director, Mr. De Vault, believes that, "If you're not going to work hard, you're going to be an average athlete."

Discipline doesn't outweigh talent, but it can sometimes challenge it. Coach Buczkowski claims, "I have had teams that are very disciplined play against teams with greater skill and they have come out 50/50." Discipline and hard work is often equally as important as skill and natural talent. A well-disciplined athlete can't always defeat a superior talent, but they can give them a run for their money.

Discipline is an important part

of the will to win. P.H. Mullen, swimmer, says he spends "Four hours a day in the water just pushing myself and racing the clock." Adam Friend, senior at Adams', believes discipline is essential for victory, "Because I want to win and without preparation you can't hang with the big boys." Wanting a victory forces athletes to discipline themselves. The more they want it the harder they work.

Without hard work, practice, and discipline it is impossible to reach full athletic potential. Talent and self-discipline come together to create serious contenders. Adams' Athletic Director puts it well when he said, "You're not going to get anywhere unless you put in the hard work."

## Team of the Issue

The boys tennis team has earned recognition of being this week's team of the issue. They have compiled an outstanding record of 9-0 in dual match competition. Last weekend the team missed placing first at the Homestead Invitational by one point, losing only to sixth ranked Homestead. The team's biggest win came last week in a 3-2 thrashing of tenth ranked Clay. By legally adjusting the line-up, Coach Kilgore handed the Colonials their only loss of the season. Boys tennis has continued a tradition of excellence, being the most successful Adams' team sport since 1980. Tomorrow morning the team again faces the highly touted Homestead, this time on the Eagles' home court.



Co-captains Tim Foley [left] and Guy Hamilton are leading the Eagles to the N.I.C. Championship. They are both fourth year varsity members and make up the #1 doubles.



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# R.E.M.-A different sound for a new generation

By Jennifer Crosson

1986, it seems, has been the year that the contemporary music industry turned topsy-turvy. The swelling wave of dance and synthesizer oriented bands-foreign as well as American- that had dominated the Top 40 charts for the past few years saw their market lose considerable ground to the return of classic hits of the 1950's and 1960's. But for the most part, the music industry has become stuck in a rut of unexceptional, run-of-the-mill pop music. With this disturbing trend towards lack of originality, it's very encouraging to see a group that have managed to keep their creative energy on track and produce music that possesses both uniqueness and variety. One such delightful exception is R.E.M., the Georgia-based rockers who put psychedelic folk on the map, with their newest release "Life's Rich Pageant."

Perhaps the key element to the success of "Life's Rich Pageant" as an album is that R.E.M. struck it lucky with brilliant producer Don Gehman, probably best known for producing John Cougar Mellencamp's "Scarecrow," gave to R.E.M. the same essential element he gave to their sound, viewing music as an art and not just a party of noise. Gehman wisely avoids trying to change the band's sound to fit any stereotypes of popular music, thus allowing them maximum efficiency to flex their creative talents.

Indeed, talent is one area in which R.E.M. will never be lacking. They are obviously most comfortable working

Gehman wisely avoids trying to change the band's sound to fit any stereotypes of popular music...

within the bounds of a classic rock'n'roll band structure-bass, rhythm guitar, lead guitar and drums. No synthesizer dominance for these guys, but far tracing it as a useless computerized gadget, they utilize it beautifully as an extra. Moreover, they display a rare appreciation for the bass as an actual instrument essential to their band. Their bassist's tight, fine-tuned style blends excellently with that of the percussionist; the two form a compact, precise rhythm unit that is the central core for all of R.E.M.'s music.

The lead guitarist's work is also of considerable merit. His crisp, aggressive approach reinforces the powerfully rhythmic "Underneath the Bunker" and the angry punk anthem "Just a Touch." He does occasionally slope into a deafening crescendo of amplified feedback "Begin the Begin", but in view of his skill with acoustic arrangements such as "Swan Swan H," it's too minor a drawback to defuse him.

Lyricaly, the album is almost too good to be true. The caliber of intelligence in the sentiments being expressed here is incredible; it's great to see a brave individualist who maintains that there are still people out there who enjoy receiving a real message in their music.

When "Life's Rich Pageant" is observed at face value, it becomes plain that its greatest strength is its variety. While R.E.M.'s brand of folk tends towards the harder side, there's certain mellowness dominating in songs like "Cuyahoga" and "The Flowers of Guatemala"- wise ballads that embody the essence of what they do best.

Admittedly, lead vocalist Michael Stipe is no virtuoso-when placed on difficult singing turf such as "These Days," he frequently pushes his gravelly baritone out of its range, making him hard to understand. But hook him up with a poignant comment on capitalism "Fall On Me," or a stirring anti-nuclear ditty like "Hyena" and he's not only tolerable, he's appreciable.

And so, R.E.M. have once again proved themselves masters of their craft. Remember, if stereotypical pop music is what pleases you, then you've got several hundred candidates falling over each other for your attention on MTV. But if you're looking for something different, something that oversteps conventional bounds, then "Life's Rich Pageant" may be your best bet for awhile to come.



Marcy Smurr spends her lunch with two of her underclass friends.

Tristine Perkins/Tower

## Book improves SAT scores

By P.H. Mullen

College is only a short time away for me, but before I'm free to go, I have one more obstacle to hurdle, the SAT. I've taken the SAT twice, in May and in June, and in both cases, I was disappointed with the results. Although percentage-wise, I ranked in the high 80's to low 90's, I thought I could do much better. But I scoffed at taking an eight-week SAT course in night school because I felt it would only review things I already knew, and it is incredibly boring to memorize obscure words for two months.

So, I looked elsewhere for a way of increasing my score. Just east of Notre Dame, I found a place called Kaplan Educational Programs that works with increasing standardized test scores. It's an incredible course that gives great tips as well as coaching. In fact, I was enrolled in it until I learned it cost \$400 and the lessons were two to three hours long.

And so, I turned to books. Most needless studying. Cut and dried, of them are a waste of time (and the book teaches the student what very similar to the 8-week the wrong answer is rather than classes), but one, **Cracking the System**, is unbelievably helpful, right one.

To paraphrase one review, it is a \$400 course that costs a mere \$9.95. Unlike other books, **Cracking the System** doesn't Test Service does, that the test dawdle on big words or measures the capacity for mathematical theorems. It's learning, and it is the only real entire purpose is to immorally way to weed the geniuses from the SAT, and to attack the idiots. And there is some question when the answer is not truth to that. But it seems likely known. It's put out by **The Princeton Review**, an institution complaining are the ones whose children score 1500. They seem similar to Kaplans'.

I have read it, and found it scared of the competition more fascinating. It gives such clues as than anything else.

"the tone of the ethnic passage in **Cracking the System** can be reading comprehension invariably construed as illegal. But I want to ably positive or inspirational," increase my score, and this seems because the SAT will never the best and fastest way. Even if discriminate against a minority, someone spent every weekend That one clue will eliminate at reading classics, his vocabulary least one answer question. wouldn't increase more than ten The book's philosophy for to fifteen words and how many of studying hard vocabulary words those ten words would happen to is also appealing. It recommends stop up on his next SAT? **The** having a good command of the **Princeton Review** boasts a 150 language, but doesn't emphasize average score improvement.

## Clubs revamped

By Heather Hedman

If a survey were to be taken in our community, Adams would be rated as one of the top, if not the top school, in the city. The strength of the school is not based only on its academic portion, but also sports, drama, music and other extra curricular activities. The school made a strong statement of its support and value it placed on clubs, when it included an activity period during the school day. Many students returning this fall were surprised to find activity period being held after school.

Changing the activity period to after school was not done without a thorough consideration. Mr. David, our assistant principal, had a questionnaire distributed to the teachers asking their views on whether the activity period would be held during the normal school day or after school. Eighty-five percent of the teachers responding were in favor of changing club meetings to after school.

Activity period, by some, was viewed as an excuse to get out of class. According to Mr. David, most of the activity period was spent keeping students out of the halls. The administration felt some students chose activity period as an alternative to studying or staying in homeroom, and they just didn't have any interest in the club. Although Mr. David and many teachers thought having activity period during the day was a good idea, it created too many problems.

Although many students valued the experience and opportunities of an activity period, it was clear that the majority of the school population didn't since many chose to stay in homeroom and not attend any activity during the given time. Junior Charlotte

Austgen said, "I don't think it's fair that the active and dedicated club members should have to suffer because of those who do not choose to use their activity periods wisely."

A major concern of club officers and sponsors is the effect the change of time will have on attendance at club meetings. Greta Fisher, president of Drama Club, stated, "I don't think as many will attend, but the people there will be people we can count on."

From this change then, we can get some positive results. Junior Mike Sivak said, "In after school club meetings time will be spent more wisely; it will be quality time."

Another commonly raised issue is the fact that students involved in sports must choose between sports and clubs. Mr. David's idea is that not all of the sports are held all year around. After school club meetings will perhaps be held once every three weeks, and people in sports can take one day out of practice or at least attend whenever possible. Students who work will not be able to attend, but that is one issue where there is no alternative.

Sophomore Ellen McDonald stated, "I don't think as many will show up, and it won't be as successful as in the past." It is all up to the student body to determine the success of the program. Clubs are important in high school life. Most applications request information about a student's extra curricular involvement in high school.

Whether you agree with the change or not, attend club meetings, not only for your benefit but to also insure the success of these clubs and keep up the outstanding reputation of Adams High School.

## The Tower

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