

# The Shower

John Adams High School

South Bend, IN 46615

The Shower has obtained  
copies of  
second-semester finals.  
For answers, see page 9.

## SBCSC laying off students

by Jennifer Crosson

In an effort to lower its \$3 million budget deficit, the South Bend Community School Corporation has developed a controversial new financial resource plan. At an emergency meeting last month, Corporation officials drew up a new policy which compensates for the unexpected loss of funds by laying off some 3,000 students.

The Corporation hopes to come into more tax money by continuing to collect education taxes from the families of these students. "It's a very sound plan, economically," said a Corporation financial adviser, who asked that his name be withheld. "You see, you've got all these taxpayers out there who are expending sizeable amounts of money so that their kids can go to school. And then what does the Corporation do with it? We have to turn around and spend every cent of that money—plus other money we can't afford to use—so that we can cover the costs of programs which are essential to the promotion of our students' education. With this new policy, we can still receive the same amount of tax money, but have fewer students to account for."

The names of the students who will be laid off were selected at random by computer during a followup press conference, where Corporation representatives briefed reporters on the terms of the plan.

"I don't like to see kids who have been faithful, policy-abiding students for years go," said another Corporation official, who also spoke on condition of anonymity. "But sometimes, you see, you must trim the

fat before you can grill the steak. We lost a lot of grant money this year, and when you're facing the loss of some computer equipment, or not having enough money to administer the Tests of Basic Skills... (The students) just had to go, and that's all we could do about it. When the availability of a quality education is at stake, one must place priority on quality, rather than quantity."

During the past two weeks, the students who had been designated for release received their notices in the mail. Several have filed lawsuits against the policy, which goes into effect in April, but "they probably won't get far," according to the financial adviser quoted earlier.

Forty-seven students from Adams are among those marked for layoff by the Corporation. The students include eleven from the freshman class and twelve from each of the other three classes.

Several of them have vocalized condemnations of the new policy. "I never thought this would happen to me," said senior Jerry Manier. "Evidently, my seniority doesn't account for anything in the Corporation's eyes. I've got good grades, a perfect disciplinary record, and a letter of acceptance from a good college. I expected to earn a diploma. Now, I'll be lucky to get a work permit."

Freshman Sylvia Chen also voiced disappointment with the policy. "For me, starting from the beginning with a long-anticipated path of studies still ahead, it was like a door to the future being slammed shut in my face," she said.

"I think the Corporation is mistaken in calling this a fair policy, especially since they selected (the laid-off

students) at random," said junior Tess Harrington. "I've always been an AP student, and I work hard and earn good grades in all my classes. Why should I be laid off when they're keeping students who don't do nearly the amounts of work that I do?"

English teacher Mrs. Germano said that, while she supports some points of the plan, she opposes the process by which the candidates for layoff were chosen. "I'm losing so many good students to this policy," she said. "I agree that quality is more important than quantity, but they just don't seem to be considering that the quality of the quantity you have is just as important as the quantity of the quality. I would advocate this policy much more strongly if they had allowed the teachers to decide which students should be laid off. There are plenty of students who weren't laid off that I'd have laid off in a shot."

The Corporation's policy will go into effect on April 1. The 3,000 students affected will live as unemployed dependents until the end of the school year, at which time they may be eligible for the summer school session. If there are not enough openings for them in the summer school classes, their contracts will be reviewed again in the fall for the possibility of reentering school at that time.

In the meantime, local businesses will be preparing for an increased volume of weekday patrons. "It's a darned shame that all those kids are out of school against their will, all right," said one retailer. "But for us, this could mean a second Christmas season."

## Student gov't doing something

by Lisa Primus

A rumor has been going around John Adams that is difficult to believe, but it seems to be true. Student government is actually planning to do something.

"I'm really excited about this," said one female junior student government member with the initials M.M. who asked to remain nameless. "I'd never thought of student government doing anything before. I didn't think it was part of student government, but now that it's been suggested, I think it's a great idea."

Most students, government members and non-members, support the idea. Taking action would promote student government pride. Maybe members would start looking teachers in the eye when they say "I'm going to miss class for a student government meeting," instead of staring at their feet and searching for a better excuse.

"I can't wait to see them do something besides skip class and make announcements," said junior Michelle Callahan. "I just wish I knew what it is that they're planning to do."

This is a complaint that many non-government members have. Finding out what it is that student government plans to do is difficult, especially for a reporter.

"Just trust me on this," said student government president Nick Macri. "I can't tell you too much right now, but we are going to do something. In fact, we already set up a committee to figure out how many committees this project is going to take. If you want to find out more, ask your class officers to tell you who is on that committee."

This, of course, is impossible to do because no one knows who the class officers are.

One problem with the secrecy is that some people refuse to believe that student government really is



Student government members [l.-r.] V, W, X, Y and Z discuss the new plan.

Matt Laherty/Shower

planning to do anything.

"It just sounds so impossible," said junior Christine Yarger. "We're talking about student government, not something like publications or choir."

From the entire student government, only one was

willing to tell Shower reporters what this secret plan was.

"The plan is to:

THE REST OF THIS ARTICLE HAS BEEN CENSORED BY THE JOHN ADAMS CENSORSHIP COMMITTEE.





Trash left by residents litters a student's car. Courtney Hosier/Shower

# School to go twelve hours

by Matt Trinh

As a part of Governor Orr's statewide challenge to surpass the national average of SAT, ACT, and CTBS, starting April 1, 1988, all students in the state of Indiana are required to spend more time in school. Through a program sponsored by Gov. Orr, the school day will be lengthened from eight hours to twelve hours. That means a full hour and a half for each class period for high school students.

Gov. Orr is hoping that through the program, education in the state can improve "170-fold." He stated, "Statistics have shown that Japanese students are getting better grades and higher test scores because they spend more time in school. I hope we can do the same with our program."

What are the reactions of the students? "I am all for it," said senior class president, Jim Cowen. "We need longer class periods. In some classes like chemistry and biology, that extra thirty minutes could come in very handy."

Other students agree with Cowen. With a longer school day, they feel they can accomplish what they're doing. As senior

Karl Roemer remarked, "The length of the class periods now isn't long enough. I only get to sleep for ten minutes during each class. With the longer class periods, maybe I can sleep for a satisfying forty minutes."

All in all, the students support the governor's plan.

While the students greet the news with exultations and enthusiasm, the teachers seem to feel differently. Mrs. Maza, yearbook and publication adviser commented, "Teachers are literally fighting for their lives. It was bad enough when they (the governor and the school board) decided to increase the class period from forty-five minutes to fifty-five minutes. Now, they want to increase the class period to one and a half hours?"

Other teachers are also in agreement with Mrs. Maza. One teacher, who wished to be anonymous, stated, "Who the heck does the governor think he is?" Most of the teachers at Adams feel that the new school day policy may be a conspiracy against them. Some are planning to file suit against the governor.

Mr. Przybysz, when confronted with questions regarding the new policy, replied, "I have no comments."

## Wall Street Will Walk

by Ida Primus

After brief deliberation last night, the City Council voted to ban parking to residents on Wall Street. The ordinance, which goes into effect on the first of April, will limit parking on Wall Street from Sunnyside to Greenlawn, the area surrounding South Bend's prized high school, John Adams.

The decision to ban residents from parking came in response to a petition from Adams students. The students complained that residential cars caused a shortage of parking spaces, driving hazards, and most importantly a trash problem.

"The situation was really

getting bad," said junior Dan Bonham. "Their trash would blow over onto our cars and even onto school property. Big Mac wrappers, pop cans, beer cans, you name it."

Chemistry teacher Jack Goodman, expert on aluminum cans, said that there were an unusually high number of pop cans on Wall Street. "I don't, however, see that as a problem," he added.

City Council members realize that limiting parking to non-residents will create a problem for residents, who will be forced to park elsewhere. As neighboring streets have ordinances banning non-residential parking, Wall Street residents may be forced to

walk up to five blocks, roughly comparable to the average distance an Adams student walks from his car to the building today.

A committee headed by city planner Hope Less is considering options to help residents. "We are considering offering them reduced prices on bus tickets."

Non-resident stickers should be picked up in person at the County City Building.

"We understand that our ordinance will cause certain new problems," said one member of the Council, "but you have to realize that students, especially Adams students, come first. Besides, we owed it to Mr. Przybysz."

## Researchers plan ahead

by Chris Scanlan

Adams science research students have won numerous awards and prestigious grants for their outstanding research into familiar and not so familiar fields of scientific exploration. The Adams Shower decided to conduct exclusive interviews with this year's outstanding science students on their plans for science research after they graduate. These plans all strive to improve the current condition of the human race in future years.

Senior Melanie Masin plans to study the effects of Beastie Boys' music on the mental health of laboratory rats. "You have to realize," explained Melanie, "that there are people out there that enjoy this music. What I'm trying to figure out is whether listening to one of those songs makes people listen to that stuff even more, or if you already have to be a disturbed individual to enjoy it." Melanie admits that her experiment is a little bit off

the beaten track, but claims that investigations like hers are of real benefit to our society.

Upon graduating from Adams, senior Betsy Furlong plans to explore the effects of extreme changes of temperature on typical high school students. "You have to realize," explained Betsy, "that you can walk from one classroom where it's so hot that everyone's too sluggish to stay awake, and that your next classroom will have no heat, and everyone will be wearing mittens and earmuffs to stay warm. This can make teachers really angry." Betsy went on to say that her investigation will be of benefit to both teachers and students.

Rod Anadon, a senior year researcher, has different plans. His prospective study, entitled "The Effects of Differing Breakfast Cereals on Behavior and Other Phenomena," will test the effects of high-fiber cereals, high-vitamin cereals, oatmeal, and the different flavors of Cap'n

Crunch on classroom performance. "You have to realize," explained Rod, "that many students don't want to eat high-fiber cereals. They complain that they taste like cardboard, or that they aren't sweet enough. Then there are those students who eat yogurt for breakfast. Do you know how difficult it is for me to conduct a scientific experiment with people who eat yogurt for breakfast?" Rod hopes that his experiment will convince people that eating junk food with reckless abandon does not solve all of life's problems.

All three of the eager researchers face one major problem: money. "You have to realize," explained one of the researchers, "that there are some people in the scientific community who would rather not associate themselves with our methods." The students plan to continue to seek funding, and hope to complete their research this summer.

### Not Necessarily

### What's News

#### Finkle Scholarship

Any Senior who is 5'7½", weighs 130 pounds, has a G.P.A. of 3.58 and plans to attend a community college in Wyoming may be eligible for a \$100 Herman D. Finkle scholarship. Interested seniors should see Mr. Rensberger for details.

#### Journalism Awards

A group of outstanding Adams' journalists have been nominated to receive the Pulitzer Prize for distinctive work in the field of journalism. The students were commended for their skill in covering such topics as "New Teachers" and "Activity Period: A Schedule."

#### Gourmet Diner

Applications are now available for seats in Adams's new Gourmet Dining Room. The Gourmet Dining Room, to be open every day during A and B lunch, will feature candlelight dining, silverware, linen napkins, and strolling musicians. A variety of continental cuisine will be offered. There will be a charge of \$350 a month.



# Senior farewell rites promote student growth

by Stace Burnside

It's the last day of school and boy, being a senior is both exciting and nerve racking. You walk into the building in fear of them...those big freshmen.

As you walk down the halls, you hope that no freshman bully will spot you and commence doing the most dreaded part of every senior male's year. SENIOR FAREWELL RITES!!!

Although many seniors love the farewell rites, there are those who can't handle the pressure of real fun. The pressure of senior farewell rites has some so worked up that the National Enquirer's "Letters to the Creep" column printed a whole page on the issue. Our honorable institution, our first love, was called a school of "fascism" because some nerdy senior couldn't handle the pressure.

But what are senior farewell rites all about?

What's wrong with being occasionally tossed off the tower, being made into a human snowman in twenty-five below zero weather, or even walking backwards, blindfolded, down Cleveland Road? Farewell rites are a healthy part of high school life. They make the seniors feel at home; like they belong. "It's the greatest time that I've ever had. Being a human cannonball and being blasted over the lion's den in Brookfield Zoo was exciting. If I could re-live it, I would," said senior Jim Cowen.

It's not like the freshmen are doing absurd, gross, and distasteful things, like asking a girl out on a date, wearing a skirt to school, or singing the National Anthem in front of the entire student body acappella. They share their leadership

abilities by making the seniors into real men. "High school is a growing experience. This is the place where you grow from a boy into a young man. Farewell rights just show the seniors that we care for them and we want to help them in their puberty stages," said freshman Andy Williams.

Not everyone may approve of senior farewell rites, but they do have a part in the growth of the students. Maybe all seniors haven't had the chance to be dropped head first into the Saint Joseph river, and submerged for three hours, but senior farewell rites are not reasons for the National Enquirer to call our fine institution a school of "fascism." No one has ever been seriously hurt, maybe an occasional broken leg but nothing serious—there is no need to make an issue out of it.



Freshmen, Andy Williams and Trevor Wendzonka, perform the brutal farewell rights on senior Dan Lyvers.

Matt Laherty/Shower

## ATTENTION All Junior and Senior males

### Need a date for Prom?

We know how hard it is for you to find a date for prom this year. Let's face it—Times are tough.

## Potential Prom Pals, Inc. can help you!!

It's easy! Just give us your requirements for a date — measurements, hair color, eye color, dress style etc... and we guarantee to find you, yes even **you**, a date for prom. (No guarantee on intelligence. First come, first serve.) Prices may vary.

Potential Prom Pals Inc.  
200 S. Chap Street  
or Dial  
1-800-DES PRAT

## The County Bleat

"the finest wool

in the Midwest"

See our new selection of wools in natural and black. Your choice - ewe, ram, or lamb.

Only \$29.99!

Mail Order Only  
Dial 1-800-WE-R-Wool

## ANTONIETTA'S PIZZA

Come in for lunch!

Just ask for the "Eagle Special"

2 slices with small drink for \$1<sup>90</sup>!

Hours: Mon.-Thurs. 11 a.m.-11 p.m. **234-5100**  
Fri. & Sat. 11 a.m.-12 p.m.



2301 Mishawaka Ave.  
(One Block East of Ironwood)

# SAT



Be prepared for that major test with a Cliffs Test Preparation Guide. Practice tests, answers and thorough explanations give you the information you need. Visit us for a full range of Cliffs Test Preparation Guides.

Available at:

**CREATIVE TEACHING, INC.**  
2503 MISHAWAKA AVE., SO. BEND, IN  
(219) 232-1800



# Colleges:

What they

## Colleges catalog criteria

by Lisa Primus

Last month, admissions officers from colleges all across the country met in New York. Their

remember, this is serious. Write as much as you need, but keep it short. Most importantly, or maybe it isn't, is to always, or at least usually, be decisive.

"What we really want are people who work for school newspapers."

Stanford admissions

goal was to put together a handbook to show college-bound seniors what will get them into college.

"There has been a lot of misinformation," said one of the organizers of the meeting. "We want to let the students know what we really look for."

What do they look for? Some admissions officers look first at a student's SAT scores or GPA, but most start with the photographs, regardless of whether or not the student actually sent one. Most students don't realize that the companies that take their senior pictures send copies to the colleges they apply to. If you blinked in your senior picture, you can forget the Ivies.

In a few schools, interviews can make or break an application.

"The interviewer watches everything the student does," explained an interviewer for Harvard. "We even watch what time you come; if you come on time, we assume that you have a psychological problem. Most importantly, we watch your English. We won't accept people who don't speak good."

Deciding what to put in an essay may be the hardest part of filling out an application. It's difficult to decide what someone you've never met before really wants to read.

"It's simple," said one admissions officer when asked how to write essays. "Just write everything in the world in 125 words or less. Use humor, but

agreed that holding a job is an important experience for high school students. Working teaches people responsibility, self-sufficiency, and time and money management. Different jobs, of course, say different things about an applicant. Surprisingly, where you work is often more important than what you do there.

"If you tell me you work at Kroger," said one reviewer. "I don't learn much at all, but if you say you work at Martin's, then I know I can count on you."

Clubs and other school-affiliated organizations are also important on applications. Joining a monogram club, for example, can move a student's application from the "toss" pile to the "keep" pile.

"We always need people to polish trophies," explained one I.U. admissions officer.

A few schools look for activities such as NHS, yearbook, and student government, but most officers agree that, though these are nice, they don't say much about the applicant.

"We want something that proves an applicant will succeed at college," said a Stanford admissions officer. "We want to know that a student is socially aware and active, that he is intelligent, dedicated, and literate. In other words, what we really want are people who work for school newspapers."

Applications for the Tower staff are available in Mrs. Maza's room, #216.

Whatever you do, be specific. I hate it when people dance around the question."

Most of the admissions officers



Seniors Karl Roemer and Shelley Biggs, active members of the Adams monogram club, polish the trophies in the Hall of Honors. Most college admissions officers look for practical club experiences such as this one on student applications. Tricia Davis/Shower



Would-be students cardboard cut-outs

## Ewe - go scam is

by Jim Cowen

As a student enters his fourth year of high school he begins the process of applying to the university which will best instruct him in the career field he wishes to pursue. Competition can be immensely tough for those applying to such appraised institutions as Harvard, Dartmouth, or Yale. The prestige alone from attending a top-ten university can be the difference between a high paying career or a job as a Seven-Eleven night manager.

That's the issue here: prestige. Has anyone ever been to these schools? Do they even exist or is the Ivy League the greatest con-job to hit the U.S.?

Recent investigation has uncovered an organization known as Ewegottadegree Inc. which is believed to be the backbone of the



# look for - when they really exist



pose for photographs in front of full-sized  
f a Harvard dormitory.

Cecilia Emery/Shower Artist

## otta - digree exposed

entire scam. "The students pay a fee substantially lower than that of the required tuition," said one investigating officer. "They are then given round trip tickets out of the country where they are free to spend the remainder of the original tuition money given to them by their parents." For an extra fee the student can graduate as a member of any fraternity, club, or other organization offered. The final product is a degree and placement in the career field of their choice—usually politics.

Any suspicions that parents may have are taken care of in the package. The students receive the college sweatshirt, pennants, beer mugs, and one of those annoying little car horns that play the fight song. A set of school postcards are also included for home correspondence.

Pictures are taken in front of cardboard cut-outs of the basic college buildings: the library,

dormitory, "famous" fountain, etc. The "Parent Visiting" day consists of a quick guide tour through a mock set-up of the college much like that of a movie set at Universal Studios.

With an organization this large, confidentiality between the students and the organization is imperative. "That's what finally tipped us off," said the investigating officer. "Some rich kid got ticked off and squealed when they repossessed his BMW for a late payment." The normal procedure is to threaten the student, scaring him from having any thought of revealing the truth. Many students fall speechless to the school motto, "Talk and Die!"

New clues are coming to the surface every day as the situation is probed. Ivy League representatives will be at Adams later this year handing out applications and answering any questions the students may have.

## Beat the S.A.T.'s with the "Lucky Seven Tips"

by Ida Primus

You've read Barron's Guide. You've scoured the Princeton Review. You've taken every S.A.T. course available and all you've learned is that you should shade the bubbles from the inside out.

Now there's a better way to improve your score. You won't need to memorize 1,000 word roots or practice motion problems. Simply read the "Lucky Seven S.A.T. Tips." It's all you need. Try them. If you do, we guarantee **YOUR SCORES WILL NEVER BE THE SAME!**

1. Learn to sight read music. Take the letters of your answers and change them into musical notes. The correct letters will be the notes of a well-known song.

Top-forty is common, but be on the look out for polka.

2. Never mark an answer for a math question about a pool table. Everyone knows that the ball never rolls the way it's expected to.

3. Always guess when you can eliminate four or more answers.

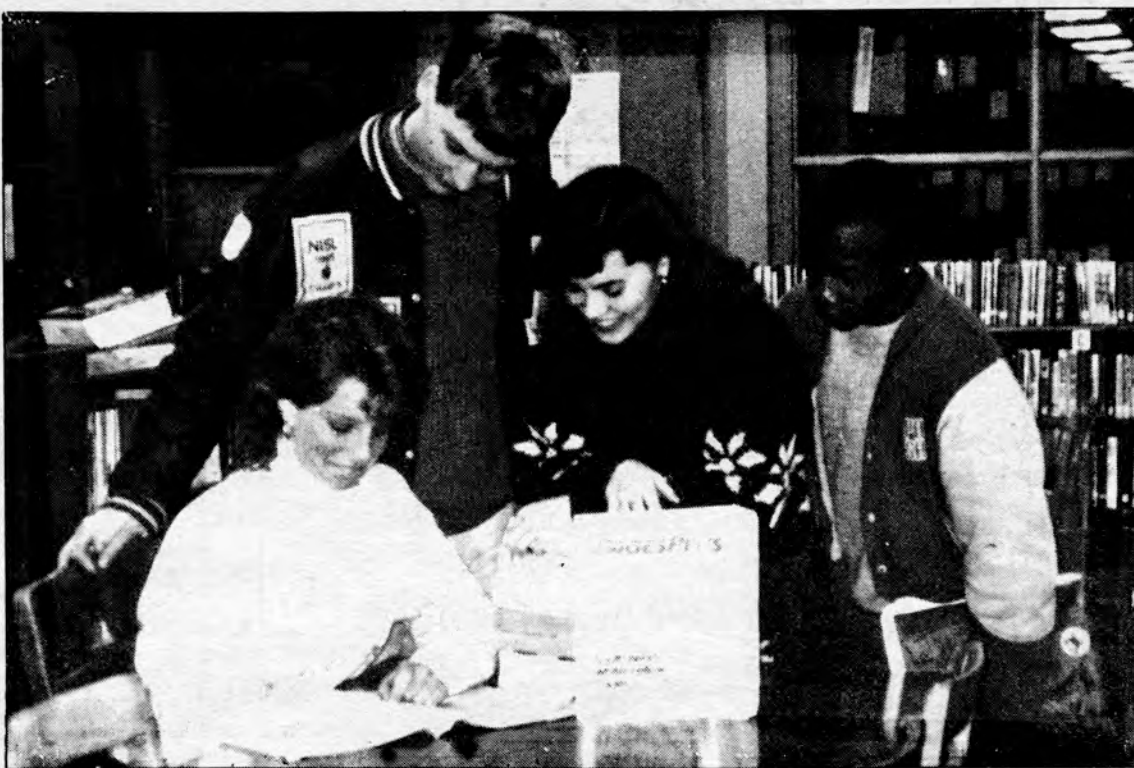
4. When in doubt, throw your pencil into the air (at least three feet). It will land on the correct answer. If it doesn't land on an answer, you can't throw very well, so you won't make it in college anyway.

5. Make up extra letters for your last name so that you have to write it on the blank provided for societal misfits with 20-letter names. The scantron machines usually feel sorry for such people

and award them an extra 50 points.

6. To check over your answers, lightly connect all of the "a" bubbles you've filled in. The resulting design will be an outline of something which starts with "a" and has a profound influence on students. The same goes for the other letters. Though the pictures may vary from year to year, some sure bets are Alf for a, Bennetton for b, cutting (skip not snip) for c, Dunkin' Donuts for d, and e, of course, is Eagles.

7. If you line up all the numbers whose answer is 'a' you'll come up with the phone number, annual salary, and favorite Bingo number of the president of E.T.S., the company which publishes the S.A.T.'s.



Kristin Clarisey, Kevin Cocquyt, Kristin Sonneborn, and Oscar Gullins check the phone book before taking the S.A.T.'s. With the help of the "Lucky Seven S.A.T. Tips," a phone book can provide more answers to S.A.T. questions than a dictionary can.

Gabe Mickels/Shower



## Full-contact twister goes varsity

by Jim Cowen

John Adams High School boasts a long list of talented athletic teams ranging from basketball to golf. One team, however, that has received little attention from the student body or the Shower sports staff is the recently formed full-contact twister squad.

This fairly new sport offers all the excitement of wrestling and all the finesse of the ever-popular home game "Twister." "The boys are working hard on the fundamentals," states coach Donald David, vice-principal of Adams and former All-American F.C.T. player. "We have a rough season ahead."

The team, already 5-0 in the NIC, faces a tough match with St. Joe this week. St. Joe is believed to have already started an early recruit program at Stanley Clark for children in the second grade showing promising talent in the sport. Qualifying students are being offered free tuition and a full wardrobe of "Geranimals" for their cooperation in securing St. Joe with a strong program for



Coach David works with full-contact twister co-captains Kevin Cocquyt and Brian Max. The two were recently named right leg blue specialists on the all-metro team. Sarah Szumski/Shower

the future.

Coach David has broken down the Adams team into "specialists." "The system is designed to develop a player's

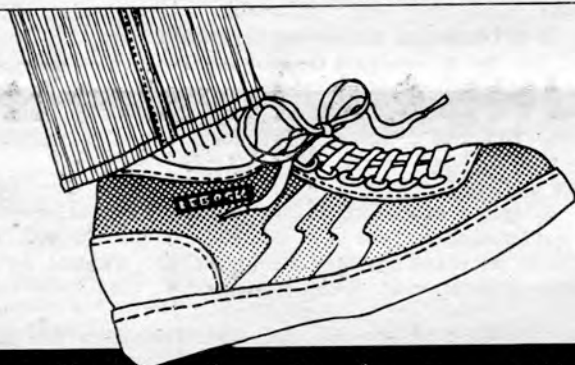
strongest limb as a weapon. For example, if a man has a strong right leg he becomes a right leg blue specialist." The system has proved to be successful in the

team's past meets, especially against Homestead, where a strong Adams left-hand, green specialist was able to force his opponent to touch a yellow circle.

The stunning upset boosted Adams' ranking to third in the state with Carmel and LaPorte leading the pack.

Although the team has had a successful season there have been problems as well. A bench-clearing brawl against Penn put the team on suspension. "I'd rather not comment on the Penn situation," stated coach David. "Let's just say the boys look out for each other, and there were some cheap shots being made on the mat that night." The team has also suffered the loss of two left-hand red specialists who bruised their fingers on the black spinner. "I can't tell you how many times I've preached the importance of limbering up before practice or a meet," stated Coach David. "I guess kids will be kids. I was just as hard-headed in my playing days. The risk of the game never entered my mind. I just wanted to play."

The season should prove to be an exciting one for this young but promising team. The Booster Club is still working on what to put on the varsity chevrons.



### Start Off On The Right Foot With A Financial Independence Account...

...from 1st Source Bank!

If you're between the ages of 16 and 21, it's a great way to get more out of the money you earn! You'll get:

- Checking Account - no service fees, no per-check charges, no minimum balance requirements.
- Savings Account - high interest on low quarterly balance - no minimum balance or service fees.
- Automatic Teller Card - 24-hour banking with the Resource Card.

All for only \$25.00 for four years! So put your money to work today with a Financial Independence Account, it's a great deal!



Member FDIC

## Unbeatable.

When you train to be a United States Marine, you train like nobody else. You sweat. You push. You exceed limits you thought you could never exceed. Because you're training to be one thing. Unbeatable! If you've got a taste for winning, contact your local recruiter. Marine Corps 233-3441



### Marines

We're looking for a few good men.

© travelmore

Ask Mr. Foster  
Travel Service Since 1888

## Vacation 236-2656

## CORPORATE SERVICE 232-3061

212 WEST COLFAX AVENUE SOUTH BEND, IN 46601



# Athletes, teams reveal pre-game rituals



Soccer players Kristin Mitchell, Terese Martinov, Molly Lennon, Amy Golden, and Sarah Friend practice Coach Kelly's newest warmup technique, meditation. After hours of practice, everyone on the team except Molly Lennon has mastered the art of upside-down meditation. Matt Laherty/Shower

by Scott Scheel

There are many different ways of preparing for different sporting events, and each team and player has a different pre-game ritual.

The girl's soccer team seems to enjoy meditating to get their team relaxed before the game. "There's nothing like a few ahhh-oom's to get me ready for a big game," said Amy Golden. Many team members believe that they could have beaten Carmel if they hadn't arrived late. They simply did not have time to complete their meditation.

Basketball tactics seem to be a little bit more individualized. "I eat raw garlic and onions before every game," said one player who wishes to keep his identity secret so that opponents will still be caught off guard (the element of surprise is half the tactic). "They don't guard me nearly as closely this way. Against really quick teams I don't shower the week before either." (At least that explains why Willie Phelps collapsed in the huddle at Gary.)

Many athletes think that a special diet is the key to good performance. "I eat lots of fish the night before a meet," said swimming star, John Farmer. "It makes me feel more comfortable in the water."

Matt Trinh seems to have a good solution for the meal before a wrestling match. "My mother fixes something we call 'subtraction soup.' It's a very special formula that actually makes me lose weight when I eat it. I usually eat two of three bowl-fuls to make sure I clear my weight division."

Comfort, however, is not the main concern of sprinter, Kasi Bolden. "I eat refried beans from the school cafeteria before every meet. It seems to give me a little extra kick in my race."

Some nut named Sam tried to convince me that green eggs and ham was the best meal to eat before a game.

The newest fad in pre-game preparations, however, is trans-channeling. This new warm-up program (commonly called Shirley Maclean workout) allows players to talk with other famous sports heroes before their game. Athletes find it very helpful to get advice from the greatest people ever to play their sport. The best thing is that it doesn't matter if they're dead or alive. "I tried it before one game exclaimed senior Shelley Biggs. "On my first try I got some Roman chariot racer, but on the second try I got Edwin Moses and it really helped me out."

## NCAA steroid ruling sets priorities straight

by Mike Komaskinski

Hello sports fans. The world of sports has been packed with activity as of late. Certainly the

that, the media figure Twinkie the Kid will be replaced by Twinkoid the 300 pound point guard.

Additional responses were heard across the country, even

"I just want to bust some heads."

Winter Olympics, the upcoming N.B.A. finals, and the upcoming baseball season are all major events. They are like the changing of the season: constant. But what about some of the hot, new issues on the street? One of the hottest topics this past week was the legalization of steroids. Hooray! Let's hear it for the N.C.A.A. rules committee. They finally saw the light. Why shouldn't athletes be able to produce artificial muscle at a risk to their lives? I mean, what's more important, a good set of pecs or your life?

The response from athletes was almost as quick as the response of the food market. As quickly as a linebacker can pop a pill, the major health food chains had new products out. For example, from the Hostess company, we formerly had the Twinkie. Hostess said that this old standby will be replaced by the new and improved Twinkoid. In addition to

from Hollywood. It is rumored that several Saturday morning cartoon characters will be laid-off until they can "build themselves up." An angry Papa Smurf commented, "This is absofucking-outroidious." A more controlled Hefty Smurf commented that he didn't care about the lay-offs, because he has been using steroids all along anyway.

A little closer to home, the effects of this landmark decision will, undoubtedly, be felt by all. It is conceivable that fewer students will be caught skipping at Adams because they will now be fast enough to run from the speedy Mr. Adelsperger. Also, with the increased speed and agility of the students, the old five minute passing period is quite unnecessary. Something like thirty seconds should be more than enough from now on. These rather ordinary changes in every day life will be far reaching, but possibly the greatest change will

come for some of the newly formed sports at Adams.

The varsity disco team will be greatly affected by the legalization of this wonderful drug. Star dancer John Travoltoid said, "Uh, well, uh, you know, we can dance the mostest, bestest in the city now." Also the roller-derby team and the jell-o wrestling team will be affected in much the same way. Because these two sports have been predominantly a "thinking man's game" they have had more of a cult following.

But with the opportunity to artificially alter their flesh, these women are ready to tackle the masses. The captain of the derby team, Susie Steroid commented, "I can't wait to start pumping up, so I can stick some people. If I could get my squat up to 700 pounds, there ain't a chick what for I couldn't bust up." Likewise Gayle Grit of the jell-o wrestling team said, "I just wanna bust some heads."

Well, as you can plainly see, the effects of this gracious new rule will be felt far and wide. At an inconsequential risk to your existence as a human, you can be as big as you want. The legalization of steroids gives us a tool. A tool to unlock our body's potential, and possibly unlock the future.

## IHSAA basketball top twenty

by Scott Scheel

1. Adams—The team should do well if the mumps don't strike again.

2. Loogootee—No one is exactly sure where Loogootee is, but rumor has it that they're really good.

3. Carmel—We figure they must put something in the drinking water down there.

4. Kokomo—An endorsement from the Swiss Miss company has really boosted this year's team.

5. Marion—Even if they have lost 6 games, how can you leave out a team that has won 3 straight state championships?

6. Concord—This team's jet speed made them a plain choice for the top 20.

7. Jasper—After playing the bad guys in the movie *Hoosiers*, these guys are out to prove they're not so bad.

8. Chesterton—This team has met with much success since they changed their nickname to the "chests." Opponents have difficulty concentrating on the game instead of the Mascot.

9. John Hiler—4 and 0 in the tough 3rd district, but better be careful against Ward.

10. Gary Roosevelt—A really good team, they might have been ranked higher, but they dunked on us twice.

11. The Chicago Bears—We realize this team meets none of the criteria for a top 20 high school basketball team, but a love-struck Stace "Scoop" Burnside made us

put it in after her interview with Walter Payton.

12. Jay County—Any school which is fed by kids from a whole county has to have some talent.

13. Adams Central—not a real power house, but we liked their name so we stuck them in here.

14. Indiana University—Definitely one of the top 20 high school teams in the state this year. Unfortunately, they are trying to compete on the collegiate.

15. Censored—(It's too bad too, this one was really funny.)

16. Hammond Noll—A true case where the diet helps a team to play better. All they eat for breakfast is Hammond eggs or Hammond bacon.

17. Podunkville—This team could be the basis for the movie "Hoosiers II." The whole town of Podunkville cheers on their team every Friday night somewhere in the heart of Indiana.

18. Culver Military—They don't have an excellent record yet, but their tradition of firing off a cannon after every basket will psyche out their opponents.

19. Gary Roosevelt B-team — Anybody with a 6-9 junior on their B-team deserves to have 2 teams in the top 20.

20. The Supreme Court Justices — Were ranked number 6 but dropped dramatically after recent decision. Their record on the high school level - 0 and 1.

Rated by the A.P. (Adams Press) writers



## New Policy Requires Student Responsibility

by Molly Lennon

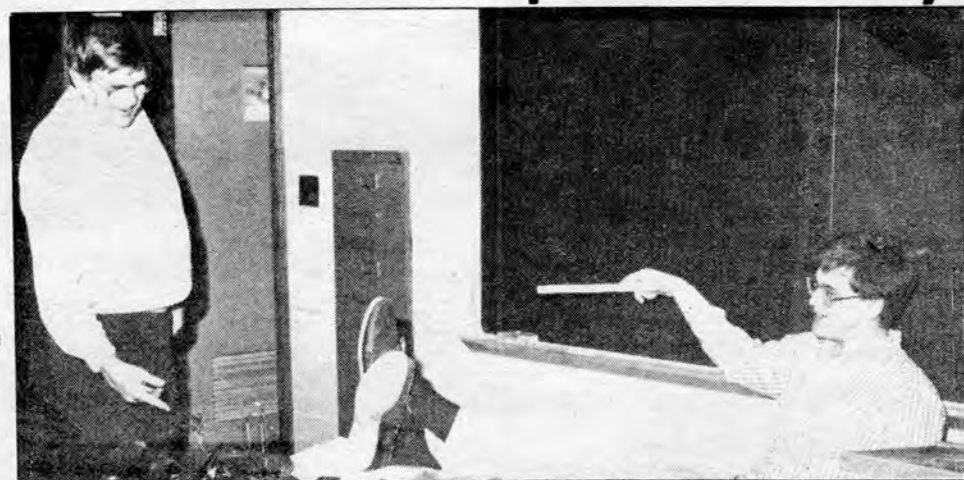
When we came back to school this past August, we met a new shorts policy, a better senior class, smaller freshmen, and "Teacher lockout." Yes, that's right, teacher lockout, and it's about time. The students and administration have been frustrated for ten years by the lack of regard by the teachers toward punctuality. As students we are expected to come to class, study, and even stay awake. The least these instructors of higher learning could do is be on time. And I'm not talking about strolling into the room fifteen seconds after the bell rings. Late is late, and, according to Mr. Reed, it only counts in "horse-shoes, handgrenades, and kissing." Well, Mr. Reed, I think the least you could do is take a little of your own advice. (I can say that

now because I'm done with government.)

The policy is as follows: if a teacher is late for any reason and has no admit, he or she will not be admitted into class. More importantly, it is up to us as students to see that this policy is strictly enforced. The main point of this new policy is that the door is to be locked immediately after the bell rings. A student is assigned to close the door and must report any tardies.

Students of all grades have been outraged by the lack of preparation by teachers as they have stood numerous times in the vast, cold hallways, waiting for a teacher to open their classroom door. Senior Stacey Phillips feels, "It's an outrage when a teacher walks in late. They are depriving us of our learning experience."

Well, Stacey, stop whining and do something about it! It's up to



Matt Laherty/Shower

Sean Peters exercises his responsibility by sending tardy teacher, Mr. Reed to study hall.

every student to be on time so that we're not hypocrites. When your teacher is running down the hall, make a mad dash for the door and shut it right in his or her

face. Students' feelings vary greatly on this policy. Having been tardy very rarely throughout high school, I feel that this policy is a

much needed improvement. Without it, the classroom will become uncontrolled and anarchy will rear its ugly head into the classrooms of this nation.

## Elvis is Back on Top

by Kathy Strieder

When Elvis was alive, he reigned as doubly-crowned king of both the music and the pop culture empires. Then, when tragedy struck in a small bathroom in the early 1970's, the world mourned the loss of a great recording star. Due to a revolutionary advance in psychic history, however, some of that loss has been regained.

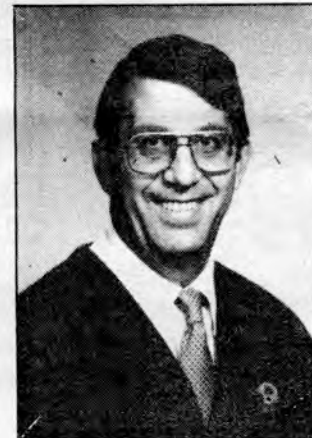
Just two weeks ago, Rhino Records quietly released a brand new double LP entitled *Elvis Presley and Jeanne Dixon: Recordings From Beyond the Grave*. Through Jeanne's extraordinary talent, fate's seemingly permanent twist has been reversed, and Elvis can be heard to sing freshly cut versions of such classics as *Jailhouse Rock* and *Love Me*, interspersed with moving renditions reminiscent of his inspirational album (*Amazing Grace, How Great Thou Art*). This double LP set even offers a stunning duet between the King and his newly

found queen, Jeanne (*You Make Me Feel Like Dancin'*).

Each cut is genuinely post-mortum, mixed and produced with the best of eighties technology resulting in a clean, clear sound that allows Elvis's talents to shine as they haven't since his early concert days. The King himself has developed a new, soulful quality to his voice that will move faithful fans to tears. Jeanne displays a surprisingly skillful manipulation of her own vocal abilities.

**Elvis Presley and Jeanne Dixon: Recordings From Beyond the Grave** is a wonderful work of art and a truly extraordinary feat of the preternatural. The collection best exhibits its qualities on CD, with cassette ranking as a distant second. It is available currently only through mail order, but special sources at Rhino Records say that it may soon be released in record stores nationwide. For now, interested fans send for this priceless collection at Rhino Records, Hollywood, California, 00700.

## Connelly replaces Maza as adviser



Due to her lack of censorship of *The Shower*, Mrs. Maza has been released of her duties as publications adviser. She will be replaced by Mr. Connelly who plans to make *The Tower* a four-star, award winning student forum for the expression of scholarship award winners and other idle trivia.

### Builders Store INC.

Hardware  
&  
Plumbing

1319  
Mishawaka Ave.



### Home Run Music, Inc.

Guitars-Drums-P.A.s-Recording Equipment-  
Sales-Repairs-Accessories-Lessons

-We can get your band playing with affordable rentals of P.A. equipment, guitars, keyboards, and effects.

WE'RE YOUR RENTAL CENTER

1318 Mishawaka Ave.  
South Bend, IN 46615  
(219)232-4853



### PAN ONE!

One additional topping free

INDIVIDUAL PAN PIZZA  
PLUS MEDIUM DRINK

On your next lunch visit to  
Noble Roman's try our PAN ONE  
Individual Pan Pizza. It's ready  
when you are — No Waiting!

GOOD AT PARTICIPATING LOCATIONS ONLY, MON.-SAT., 11 a.m.-2 p.m.  
NOT VALID WITH OTHER COUPON OR DISCOUNT.

## The Shower

Co-Editors-in-Chief-Kristin Bergren,  
Holly Lindberg

News Editors-See-Ming Phan,  
Matt Trinh  
Jennifer Crosson

Feature Editors Lisa Primus

Sports Editors-Jim Cowen,  
Ida Primus  
Scott Scheel

Opinion Editors-See-Eng Phan,  
Stace Burnside  
Kathy Strieder

Advertising Managers-Rivka Medow

Business Managers-Molly Lennon,  
Kristin Mitchell

Circulation-Sarah Friend

Distribution-1st Hour Publications

Head Photographer -Gabrielle Mickels

Adviser -Tom Connelly

Principal-William Przybysz

John Adams High School, 808 S. Twyckenham, South Bend, IN 46615

*The Shower* is the first annual lampoon issue of *The Tower*. Views expressed in this publication are satirical and not meant to harm anyone. *The Shower* reserves the right to censor any and all material. Any opinions, comments, or letters to the editors are welcome; they should be directed to Mr. Connelly in room 223. All material must be signed although names may be withheld from print upon request of the author.